



WATER AEROBIC CLASS SCHEDULE

SUMMER 2017 REVISED 6/12/2017

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
6:00AM		AquaZumba* <i>Amanda</i>	AquaZumba* <i>Alice</i>	AquaZumba* <i>Jodi</i>		
7:00AM	Shallow Water* <i>Bonnie</i>	Deep Water** <i>Lorraine</i> Paddle Board Yoga**** <i>Emily</i>	Shallow Water* <i>Alice</i>	Deep Water** <i>Lorraine</i> Paddle Board Yoga**** <i>Emily</i>	Shallow Water* <i>Kaela</i>	Water Ninjas** <i>Bonnie</i>
8:00AM	Deep Water** <i>Lorraine</i>	AquaZumba**** <i>Michelle</i>	Deep Water** <i>Lorraine</i>	AquaZumba**** <i>Alisa</i>	Deep Water** <i>Emily</i>	Deep Water** <i>Bonnie/Felicia</i>
8:10AM	Senior Wellness* <i>Bonnie</i>		Senior Wellness* <i>Bonnie</i>		Senior Wellness* <i>Bonnie</i>	
9:00AM						AquaZumba*** <i>Alisa</i>
12:00PM	AquaZumba*** <i>Kathy VanOrman</i>		AquaZumba*** <i>Kathy VanOrman</i>		AquaZumba*** <i>Kathy VanOrman</i>	
1:00PM	Seniors/Shallow* <i>Lorraine</i>	Seniors/Deep** <i>Lorraine</i>	Seniors/Shallow* <i>Amanda</i>	Seniors/Deep** <i>Lorraine</i>	Seniors/Shallow* <i>Amanda</i>	
8:00PM		AquaZumba*** <i>Alisa</i>	AquaZumba* <i>Kaela</i>	AquaZumba*** <i>Karen</i>		

Location

*Program Pool

**Deep Water Pool

***Competition Pool

****Outdoor Pool