

SPRING 2017

# ACTIVE

A PROVO CITY PUBLICATION



PROVO PARKS & RECREATION



# provo

## PARKS & RECREATION

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#### PARKS & RECREATION

The Parks & Recreation Department consists of 13 major components, which provide a variety of services for all: Sports, Parks / Grounds Operations, Trails, Volunteer Services, Cemetery, Community Events, Recreation Center, Covey Center for the Arts, Peaks Ice Arena, East Bay Golf Course, Shooting Sports Park, Senior Programs, and Community Recreation.

#### REGISTRATION, REFUNDS & MEMBERSHIPS

##### REGISTRATION POLICY

Registration is accepted on a first come, first served basis until the program is filled, or until the program deadline date, whichever comes first. Online registration is taken at [Provo.org/Signup](http://Provo.org/Signup). For Covey Center programs, [Provo.org/CoveyCenter](http://Provo.org/CoveyCenter).

##### MEDICAL INSURANCE

All participants in the Provo Recreation Division programs must have their own medical insurance to cover any injuries sustained while participating in any activity sponsored by the division. The City of Provo will not be financially responsible for any medical expenses.

##### BAD WEATHER CANCELLATIONS

In case of inclement weather, call the Rainout Hotline at (801) 852-6629 after 3:30PM for youth sports and 4PM for adult sports for a recorded announcement giving current game status information. The Hotline will be updated at 8AM for Saturday games. Games or activities may still be canceled at the site if deemed necessary.

##### REFUND POLICY

**YOUTH SPORTS/PROGRAMS** No refunds after class starts.

**ADULT/TEAM SPORTS** Full refunds will be given until the day before the coaches meeting. After that, no refunds.

##### RECREATION CENTER

**DAILY ADMISSION** No refunds

**MEMBERSHIPS** Prorated refunds for memberships paid in full. Cancellation fee charged for memberships with monthly payments. See front desk for specific amounts.

##### MEMBERSHIP DETAILS

Monthly Payments are only available on the Annual Membership. Monthly Payment amount includes a \$3/month service charge. Debit/Credit Card must be kept on file for the payments. Annual Membership with Monthly Payments auto-renew at the end of 12 months. Notification is required if you do not wish for your membership to renew.

Family covers up to 6 members including 2 parents and dependents 21 years old and under claimed as dependents for tax purposes. Each additional family member requires an additional fee.

Must bring in proof of residency, proof of marriage, and/or proof of dependents for tax purposes. Additional rules and restrictions. See staff for details.

Corporate Membership Discounts available as well as insurance plan agreements with Silver Sneakers, Silver & Fit, and United Healthcare.



# RECREATION CENTER

320 W 500 N | [PROVO.ORG/RECCENTER](http://PROVO.ORG/RECCENTER) | [RECREATION@PROVO.ORG](mailto:RECREATION@PROVO.ORG)  
 (801) 852-6600 RESERVATIONS & REGISTRATION  
[FACEBOOK.COM/PROVORECCENTER](https://www.facebook.com/PROVORECCENTER)

The Provo Recreation Center provides a state-of-the-art recreation experience with dozens of amenities for children, adults, seniors, and families. There is something for everyone to enjoy, so stop by today! See our website or Facebook page for closures, swim meets, and other special events.

## HOURS OF OPERATION

**FACILITY** MONDAY - SATURDAY 5AM - 10PM

**COMP POOL\*** MONDAY - SATURDAY 5AM - 10PM

**AQUATICS** MONDAY - SATURDAY 5AM - 10PM

**INDOOR WATER SLIDES** MONDAY - FRIDAY 2PM - 8PM  
 SATURDAY 12PM - 8PM

**LEISURE SWIMMING** MONDAY - SATURDAY 10AM - 10PM

\*All comp pool users (public lap swimmers, swim teams, aquatic classes, other user groups) will be asked to share lanes during high peak times (typically M-F, 6-11AM, 2-6:30PM). Program Pool available for limited use during swimming lessons, water fitness, and other classes.

## MEMBERSHIP PRICES | RESIDENT | NON-RESIDENT | ANNUAL MONTHLY

### ADULT 18 - 59

DAILY \$5 | \$5  
 3 MONTH \$95 | \$120  
 6 MONTH \$165 | \$205  
 ANNUAL \$285 | \$355 | \$27

### YOUTH 3 - 17

DAILY \$4 | \$4  
 3 MONTH \$55 | \$65  
 6 MONTH \$90 | \$112  
 ANNUAL \$157 | \$195 | \$16

### ADULT COUPLE

DAILY NA | NA  
 3 MONTH \$132 | \$167  
 6 MONTH \$229 | \$289  
 ANNUAL \$398 | \$503 | \$36

### SENIOR 60+

DAILY \$4 | \$4  
 3 MONTH \$55 | \$65  
 6 MONTH \$90 | \$112  
 ANNUAL \$157 | \$195 | \$16

### SENIOR COUPLE

DAILY NA | NA  
 3 MONTH \$95 | \$120  
 6 MONTH \$165 | \$205  
 ANNUAL \$285 | \$355 | \$27

### FAMILY

DAILY NA | NA  
 3 MONTH \$167 | \$207  
 6 MONTH \$284 | \$359  
 ANNUAL \$493 | \$618 | \$44

### HOLIDAY HOURS

2/20 | PRESIDENT'S DAY | 5AM - 10PM | NO CLASSES, CHILD WATCH, PROGRAMS OR SENIOR LUNCH  
 4/3-4/7 | PROVO SPRING BREAK | WATERSLIDE HOURS 12PM - 8PM

## FITNESS

A state-of-the-art fitness mezzanine provides an amazing workout experience for both adults and teens (14+). Utilize built-up energy from a busy week of work and get into a healthy lifestyle with one of our many fitness options. Find your fitness routine with our full range of engaging classes, superior equipment, and advanced technology.

## CLASSES

Classes are included with a membership or day pass! Our classes range for all ages. From Kid's Yoga to Silver Sneakers, you can find it in our fitness rooms. Find a new favorite workout from a variety of fitness classes ranging from 5AM-1PM and 4PM-10PM, held in our 2 group fitness studios and spin studio.

Be sure not to miss our new fitness formats HIGH FITNESS and STRONG by Zumba™. HIGH FITNESS is a hardcore fun fitness class that incorporates interval training with music you love, and intense easy to-follow fitness choreography. It combines FUN (pop songs of old and new that everyone knows and loves) with INTENSITY (interval, plyometrics, and cardio) with CONSISTENCY (each song has specific simple moves taught the same by all instructors). Together they make a recipe for success, repeat participation, and results! STRONG by Zumba™ is music led interval training. With most workout programs, music is an afterthought. The music in STRONG by Zumba™ was crafted to drive the intensity in a challenging progression that provides a total body workout. The result? A group fitness experience like no other.

Current class schedules can be found online at [Provo.org/RecCenter](http://Provo.org/RecCenter). Our new "Provo Recreation Center" app is making finding our schedule on your smart phone or online easier than ever. Reserve your spot for HIGH FITNESS, STRONG by Zumba™, BARRE, CYCLE, INSANITY, UJAM, BOOT FIT, P90X, PIYO, RIP, YOGA, ZUMBA or another one of our fitness classes today through the app during your busy week.

## EQUIPMENT

Our premium equipment consists of both Life Fitness and Hammer Strength, spread out across our 10,000 square foot area. The Life Fitness brand is equipped with Life Fitness Connect, a progressive technology that enables you to get the most out of your workout through customization and tracking. One of our new additions is an INBODY scale showing you the future of health. Body composition analysis shows you what your weight is really made up of: water, fat, and muscle.

Also new to the Provo Recreation Center is our **FITMETRIX** heart rate monitors. Look for them to be in all of our studios by spring. **FITMETRIX** is a software platform that gives everyone exercising at gyms and studios the ability to monitor and track their exercise performance data including heart rate, calories, speed, power, distance and RPM in a gym and studio setting. Taking fitness to the next level. Through the addition of heart rate monitors and TV screens you will be able to have live feedback on how well you are performing.



## AMENITY HOURS

**INDOOR PLAYGROUND** M-F 5-8:30AM, 12:30-10PM | SA 5AM-10PM

**INDOOR PICKLEBALL** M 6:30-10PM (AVAILABLE FOR RESERVATIONS) | T/TH/F 8:30-11:30AM | WEEKDAYS BEFORE 4PM AS AVAILABLE

**OUTDOOR PICKLEBALL** AVAILABLE BY RESERVATION DURING OPERATING HOURS, WHEN IN SEASON

**TENNIS** AVAILABLE BY RESERVATION DURING OPERATING HOURS, WHEN IN SEASON

**VOLLEYBALL** 1/1-3/31 F 8-10PM | SA 5-10PM | STARTING 4/1 F 6-10PM | SA 5-10PM

**BASKETBALL** AVAILABLE DURING OPERATING HOURS. MINIMUM OF 2 COURTS AVAILABLE 4-10PM.

**RACQUETBALL/WALLYBALL** AVAILABLE BY RESERVATION DURING OPERATING HOURS

**DROP IN RACQUETBALL** W 8-10PM



## CONNECT WITH PROVO

### PROVO RECREATION CENTER APP

Optimize your recreation center experience! Reserve a spot for racquetball, fitness classes, child watch, and more. Download the free iOS or Android app today by searching for “Provo Recreation Center” in the App Store or Google Play.

### FACEBOOK PAGE

The Provo Recreation Center is on Facebook! Check us out to keep updated on the daily schedule, upcoming programs, and facility changes. Visit [Facebook.com/ProvoRecCenter](https://www.facebook.com/ProvoRecCenter) or search [@ProvoRecCenter](https://www.facebook.com/ProvoRecCenter).

### HAVE YOU SIGNED UP FOR THE UTAH COUNTY ALERT NOTIFICATION SYSTEM YET?

Quickly get alerts on community news by selecting the notifications that are important to you, even from multiple cities. You can pick and choose the method(s) of communication you want; text messages, emails or calls. You can even add multiple phone numbers and email address to receive notifications about emergencies, evacuations, missing persons, traffic alerts, city news, recreation programs, public meetings and many other options. Visit: [Alerts.UtahCounty.gov](https://Alerts.UtahCounty.gov) to sign-up or learn more.

## RECREATION CENTER RENTALS

Looking for a venue to host your next event? The Recreation Center accommodates groups large and small from an informal gathering of 10 for a child's birthday to corporate banquets and wedding receptions for 300+ guests. Contact the Front Desk for more information at (801) 852-6600.

### EARLY BIRD EXCLUSIVE OUTDOOR RENTAL

Exclusive use of the outdoor pools and pavilion  
Reservable Friday and Saturday mornings, 10AM-11:30AM  
\$350 plus \$4 per person  
Includes access to the indoor facility from 5AM-10PM  
Outside food/drink allowed at pavilion

### LATE NIGHT EXCLUSIVE OUTDOOR RENTAL

Exclusive use of the outdoor pools and pavilion  
Reservable Monday-Friday evening, 8:30PM-10PM  
\$350 plus \$2 per person  
Includes access to the indoor facility from 8PM-10PM  
Outside food/drink allowed at pavilion

### ACTIVITY PAVILION OUTDOOR RENTAL

Non-Exclusive use of the outdoor pools  
Exclusive use of the outdoor pavilion  
Reservable Monday-Saturday, 4 hour blocks  
between 12PM-8PM  
\$250 plus \$4 per person  
Includes access to the indoor facility from 5AM-10PM  
Outside food/drink allowed at pavilion



### CHILD WATCH | MONDAY-SATURDAY 7:45AM-1PM & MONDAY-FRIDAY 4PM-9PM

The Provo Recreation Center Child Watch allows kids, ages 6 months - 8 years old, to spend time fighting dragons in our castle, setting up the kitchen in our walk-in play house, shooting hoops on our basketball hoop, or running around outside on the enclosed playground, all while you enjoy a distraction-free workout. Child Watch staff supervise and provide games and activities for the children during their stay.

Space is limited. Reservations via the Provo Recreation Center App are strongly recommended during peak hours. Two hour time limit per day.

### COST | PRICING IS FOR DIRECT DEPENDENTS ONLY

\$2 PER HOUR FOR FIRST CHILD;  
+ \$1 PER HOUR FOR EACH ADDITIONAL CHILD

### MONTHLY PASS

\$20 FOR FIRST CHILD; EACH ADDITIONAL CHILD \$10

# SPECIAL EVENTS

PROVO.ORG/EVENTS



## PROVO WOMEN'S DAY ZUMBA PARTY!

W 3/8 | REC CENTER  
FREE

March 8 is Provo Women's Day and to celebrate we are hosting a Zumba Party! Get ready for a FREE calorie-burning dance fitness class that's fun, energetic, and will make you feel amazing! Watch for more details.

## PROVO WOMEN'S DAY AFTER PARTY! | 18+

W 3/8 | 7:30-10PM | REC CENTER  
\$10 ALL PROCEEDS GO TOWARDS HELPING  
WOMEN IN NEED

In correlation with International Woman's Day, Come and celebrate almost 100 years of suffrage. The evening will be filled with refreshments, music, professional photo booth, and giveaways. Party and mingle with the women in our city. Please wear white as a nod to the suffrage movement.

## SCIENCE PALOOZA

SA 3/25 | 10AM-2PM | REC CENTER  
\$5 (ADULT FREE W/PAID CHILD),  
2 & UNDER FREE

Join us at the Recreation Center for a morning of exploration! Decipher hieroglyphics, dive into the deep recesses of the sea, and discern the physics of outer space. Come discover the world of Science!

## SENIOR SPRING DANCE | AGE 50+

TH 4/13 | 8-10PM | REC CENTER  
\$5

Put on your dancing shoes and swing on over to the Recreation Center. Our annual Spring Dance will feature live music, desserts, drinks, and of course dancing!

# CLASSES @ THE COVEY CENTER

(801) 852-7007 | COVEYCENTER.ORG

425 W CENTER ST



**WINTER SESSION** | 1/9-3/16  
**SPRING SESSION** | 3/20-5/25  
ONE CLASS A WEEK, 10 WEEKS  
RES \$60, NON-RES \$70  
TWO CLASSES A WEEK, 10 WEEKS  
RES \$120, NON-RES \$140

## TODDLER DANCE | **AGE 18MO-3**

M 10-10:45AM | AGE 18-24MO

T 10-10:45AM | AGE 2-3

With the help of a parent by their side, our youngest dancers can get the jitters out and begin experiencing the joy that music and movement can bring. This class offers dancers a chance to not only bond with their parent, but to learn to work with other toddlers in a social setting while expanding their physical capabilities.

## CREATIVE MOVEMENT | **AGE 3-4**

T 11-11:45AM OR W 11-11:45AM

Creative movement will encourage self-discipline, self-confidence while incorporating coordination, rhythm and basic dance steps.

## BALLET | **AGE 5-6**

M 10-10:45AM OR W 10-10:45AM OR T/TH 5-5:45PM

Pre-ballet class awakens the child to music and dance, coordination, and spatial/motor skills.

## BALLET | **AGE 7-8**

T/TH 4-4:50PM

Beginning Ballet introduces the fundamentals of classical ballet technique. Each class focuses on proper posture, body positions, and alignment.

## BALLET | **AGE 9-10**

T/TH 4-4:50PM

Beginning Ballet moves in the direction of a more formal ballet class by adding classical elements.

## JAZZ/HIP HOP | **AGE 7-12**

W 5-5:45PM

Dancers will learn to move with a variety of energy and diverse music. Jazz and Hip Hop technique will be explored with strength, flexibility and coordination.

## ADULT BALLET | **AGE 14+**

T 7-8:30PM

Designed for adult students of all levels of training, from former dancers/professionals to adults who are looking to start their formal dance training for the first time.

## MIDDLE EAST DANCE | **AGE 14+**

W 6:30-7:30PM OR 7:30-9PM

An ancient and wonderful art form that celebrates movement and musicality. We create a sense of collective support for all dancers. Whether you're new to Middle Eastern Dance, or you've taken several classes already, this is a great place to start and continue on.

# PEAKS ICE ARENA

100 N SEVEN PEAKS BLVD | PROVO.ORG/PEAKSARENA | (801) 852-7465  
ONLINE REGISTRATION PROVO.ORG/SIGNUP

## PUBLIC SKATE

MONDAY 11:30AM-1:30PM  
7-9PM

TUESDAY 11AM-12PM\*  
*\*Adult Skate \$3/includes skates*  
7-9PM

WEDNESDAY 11:30AM-1:30PM  
3:30-5:30PM  
7-9PM

THURSDAY 10-11:30AM\*\*  
*\*\*Small & Tall \$3/includes skates*

FRIDAY 11:30AM-1:30PM  
3:30-5:30PM  
7-9:30PM  
10PM-12AM *College Night*  
*Skating & Broomball*

SATURDAY 2:30-4:30PM  
6-9PM

## DROP IN HOCKEY\*\*\*

MONDAY 12-2PM  
10:30PM-12AM

TUESDAY 6:30-8AM

WEDNESDAY 12-2PM

THURSDAY 10:30PM-12AM

FRIDAY 12-2PM

*\*\*\*Full equipment required*

SCHEDULE SUBJECT TO CHANGE. CHECK OUR WEBSITE FOR SCHEDULE UPDATES [PROVO.ORG/PEAKSARENA](http://PROVO.ORG/PEAKSARENA)

## SKATE RATES & RENTALS

ADULT 12+  
\$5

CHILDREN 11-  
\$4

SENIOR 62+  
\$4

TODDLER 3-  
FREE

SKATE RENTAL  
\$2

WALKER RENTAL  
\$5

## GROUP DISCOUNTS

Group discounts are available for groups of 20 or more with a reservation made at least 2 days in advance and a 25% non-refundable deposit. The group rate is \$5 per person, which includes admission and skate rental.

*\*Don't forget to ask about our hot chocolate and brownie catering options.*

## OLYMPIC BIRTHDAY PARTIES

Scheduled during any Public Skate session. Reservations required 2 days in advance. 25% non-refundable deposit. Birthday child skates for free.

**SILVER** \$6 | ADMISSION, SKATE RENTAL, PARTY TABLE

**GOLD** \$10 | SILVER+, HOT COCOA & BROWNIES

## PRIVATE RENTALS

Private Rentals are a great way to hold an activity exclusively for your group. Rent an ice rink for skating, broomball or hockey or rent one of our turf fields for soccer or any sport. Schedule your private rental by contacting the Peaks Ice Arena at (801) 852-RINK.

*\*Don't forget to ask about our hot chocolate and brownie catering options.*

## FIELD RENTALS

Rent time on our turf fields for practice or league play. Call (801) 852-6759 for more information. All rates are hourly.

**SM TURF** | TRAINING \$50

**LG TURF** | TRAINING \$100 (ENTIRE FIELD)

## PRIVATE FIGURE SKATING/HOCKEY LESSONS

Private lessons offer 1-on-1 instruction that allows for a more rapid progression of skills. Private lessons are a great supplement to group lessons and allow skaters to focus on specific areas of skill.

All Peaks Ice Arena Staff Professionals are members of U.S. Figure Skating and have completed the U.S. Figure Skating Coach Registration process, which includes an annual background check. Experienced hockey instructors offer experience in both playing and coaching.

Contact Jake Drzayich at [JDrzayich@Provo.org](mailto:JDrzayich@Provo.org) to set up private lessons.



### LEARN TO SKATE | AGE 3+

**\$60 | INCLUDES REQUIRED USFS MEMBERSHIP**  
SPRING 1 | 4/11-5/20 | EARLY REGISTER BY 4/8  
T | 5PM OR 6PM  
TH | 5PM OR 6PM  
SA | 10AM OR 11AM

Registration includes skate rental and a 30 minute group lesson once a week. In each session skaters learn skills to prepare them for the next level. In order to advance to the next level, skaters must have an instructor recommendation. Sessions may fill before the registration deadline. Register early to receive a \$10 discount. Please note: not all levels are offered during every class time and classes may be combined. For questions, contact Keri Deschenes at [KDeschenes@Provo.org](mailto:KDeschenes@Provo.org).

### FREESTYLE SESSIONS

Sessions are specifically designed for aspiring competitive adult and junior figure skaters. During these sessions, skaters may practice their skills or programs, or schedule a private lesson. For more information visit our web site or stop by the front desk.



**TRY HOCKEY FOR FREE | AGE 4-10**

2/25 | 12-12:45PM OR 1-1:45PM

FREE

REGISTRATION ONLINE ONLY AT [TryHockeyForFree.com](http://TryHockeyForFree.com)

Introduce your kids to the exciting sport of hockey and learn how to get started in the Peaks Youth Hockey programs.

**MINI MITES HOCKEY DEVELOPMENT PROGRAM**

**AGE 4-7**

4/11-6/27 | T/TH 5:15-6PM

\$130 | INCLUDES JERSEY

Instruction based on USA Hockey American Development Model. Players must register with USA Hockey to participate. Visit [USAHockeyRegistration.com](http://USAHockeyRegistration.com) to register, free for players 6 years old and younger. All beginning level skaters should attend at least 2 sessions of Learn to Skate-Hockey, prior to beginning the Mini Mite Program.

**START SMART HOCKEY PROGRAM | AGE 8-15**

T/TH | 5:15-6PM

\$65 PER LEVEL | INCLUDES JERSEY & SOCKS, ONE TIME LEVEL 1/3 | 9/7-10/15

Start Smart Hockey is an instructional level youth hockey program designed for kids ages 8-15. Start Smart works in conjunction with Peaks Polar Bears Youth Hockey. Players are encouraged to participate in both simultaneously. All beginning level skaters should attend at least two sessions of the Learn to Skate-Hockey program, prior to beginning the Start Smart Program. There is a limited amount of youth sized rental gear (\$40 with \$20 refundable). Contact Josh Burkart for more information, [JBurkart@Provo.org](mailto:JBurkart@Provo.org) or (801) 852-6777. Each level consists of 6 lessons.

**ADULT SKILLS CLINIC | AGE 15+**

SPRING SESSION 5/1-7/31, NO CLASS 7/3, 7/24

M 9:15-10:15PM

\$80 CLINIC | \$40 GEAR RENTAL

Program designed for adults with/without experience. Adults are encouraged to play in the Adult Hockey League in conjunction with participating in the Adult Skills Clinic. It is recommended that participants have some skating experience prior to participating.

**PEAKS ADULT HOCKEY LEAGUE | 18+**

5/15-8/31

\$1,500/TEAM IF REG BY 4/30, \$1,800/TEAM AFTER 4/30

REGISTRATION BEGINS 4/15

For more information contact Josh Burkart at [JBurkart@Provo.org](mailto:JBurkart@Provo.org) or (801) 852-6777.

**POLAR BEAR SUMMER THROW DOWN | AGE 8-14**

JUNE-AUGUST (12 SESSIONS)

\$165/SKATER

Training sessions will be 45 minute on ice and 45 minute off ice. For more information contact Josh Burkart at [JBurkart@Provo.org](mailto:JBurkart@Provo.org) or (801) 852-6777.

## YOUTH SPORTS REQUEST SYSTEM

- Individual matching requests must be reciprocal, made before registration deadline.
- Requests of 3 or more will be granted, when a coach is provided for the team.
  - Coach must list player requests by deadline
  - Players must list coach by deadline
  - Additional players will be added to fill team when necessary



## YOUTH PROGRAMS

(801) 852-6600 | [PROVO.ORG/SIGNUP](http://PROVO.ORG/SIGNUP)  
320 W 500 N | PROVO  
+\$5 IF REGISTERING AFTER DEADLINE  
\*SOME PROGRAMS MAY FILL BEFORE  
THE DEADLINE

### INTRO TO YOUTH BOULDERING | AGE 8-12

T/TH 5-6PM | REC CENTER BOULDERING WALL

Session 1 | 2/7-3/2 | Deadline 1/31

Session 2 | 3/7-3/30 | Deadline 2/28

**\$50 RES, \$60 NON-RES**

Come learn the skills and techniques of bouldering that will lead to greater mastery of rock climbing in a fun and safe environment.

### LEVEL 2 BOULDERING & OUTDOOR ROCK-CLIMBING

**AGE 10-16**

T/TH 5-6PM | REC CENTER BOULDERING WALL

4/4-4/22 | Deadline 3/28

**\$60 RES, \$70 NON-RES**

This is the perfect class for aspiring rock climbers. We will practice on the bouldering wall in the Recreation Center and then take it to Rock Canyon for a final session of outdoor rock climbing.

- For students who have already taken the class or already have experience
- Outdoor field trip to Rock Canyon on SA, 4/22.

### YOUTH VOLLEYBALL | AGE 4TH-9TH GRADE

3/1-5/13

PRACTICES M/F 4-6PM | GAMES W 4:30-9PM, SA 9AM-3PM

**\$46 RES, \$56 NON-RES**

REGISTRATION 1/9-3/11

Clinic is March 1 & 3, 8 & 10 from 4-6PM. Program includes clinic, 8 league games & double elimination Post-season tournament.

### LITTLE JAZZ | AGE 6-2ND GRADE

**\$35 RES, \$45 NON-RES | \$10 JERSEY IF NEEDED  
\$15 SHORTS PURCHASE IN PERSON, LIMITED QTY**

#### REGISTRATION

SESSION 1 | 1/9-2/11, OR UNTIL FULL

SESSION 2 | 1/9-3/11, OR UNTIL FULL

#### PROGRAM DATES

SESSION 1 | 2/28-3/25

SESSION 2 | 3/28-5/6

This is a clinic-style 8 game instructional basketball league. Teams will play at rotating times on T/TH evenings and anytime Saturday. The first day will be a skills clinic and scrimmage game. The remainder of the season will consist of a practice and scrimmage game during each session. 1st and 2nd Grade teams will be separate.

### TOUR DE SPORTS | AGE 6-16

FREE

SESSION 1 | GIRLS | SA 4/8 | 3PM

SESSION 2 | BOYS | SA 4/8 | 4:30PM

Clinic with four separate stations: Softball/Baseball, Soccer, Ultimate Frisbee, and Volleyball. Taught by BYU and Club sport athletes.

### TRACK & FIELD | AGE 8-18

4/13-6/10 | T/TH 5:30PM | PROVO HS TRACK

**\$43 RES, \$53 NON-RES**

REGISTRATION 1/30-4/1

A Parent Meeting will be held on 4/13 (before practice) at 5PM at Provo HS Track.



**YOUTH SOCCER - SPRING**

**AGE 4-9TH GRADE, MUST BE 4 BY 3/30**

T-TH 4:30-6:30PM, SA 9AM-4PM  
3/28-5/6

\$43 RES, \$53 NON-RES | JERSEY, SHORTS & SOCKS INCLUDED  
\$8 SHIN GUARDS PURCHASE IN PERSON, LIMITED QTY  
REGISTRATION 1/17-2/25

**AGE/DIVISION**

**BOYS & GIRLS COMBINED**  
4-PRESCHOOL | TH/SA  
KINDERGARTEN | TH/SA

**BOYS & GIRLS SEPARATED**  
GRADES 1/2 | T/W/SA  
GRADES 3/4 | W/SA  
GRADES 5/6 | T/TH/SA  
GRADES 7-9 | TBA, PLAYS W/OTHER CITIES

8 games at rotating times of 4:30PM, 5:30PM, or 6:30PM on weeknights and anytime 9AM-4PM on Saturdays. Shin guards are recommended for each age group, but are mandatory for 3rd grade and older.

**CHALLENGER SOCCER CAMP | AGES 3-16**

6/12-6/16

**FEES DEPEND ON AGE/DURATION**

Multiple camp options hosted at Rotary Park (1550 W 1460 N) for different ages and abilities with an emphasis on footwork and fun. Register at [ChallengerSports.com](http://ChallengerSports.com).

**START SMART SPORTS**

\$33 RES, \$43 NON-RES

Sessions may fill before registration deadlines. Start Smart is a clinic-style sports skill development program. Parents & children participate together to learn and practice basic sport-specific skills & drills, culminating in a scrimmaged game on the last day. Played on the Recreation Center Field of Dreams.

**START SMART FOOTBALL | AGE 3-5**  
3/2-3/23 | T/TH

REGISTRATION 1/16-2/25

SESSION 1 | 10-10:45AM @ REC CENTER  
SESSION 2 | 11-11:45AM @ REC CENTER  
SESSION 3 | 4:30-5:15PM @ REC CENTER  
SESSION 4 | 5:30-6:15PM @ REC CENTER

**START SMART BASKETBALL | AGE 3-5**  
3/30-4/27 | T/TH

REGISTRATION 2/13-3/25

SESSION 1 | 10-10:45AM @ REC CENTER  
SESSION 2 | 11-11:45AM @ REC CENTER  
SESSION 3 | 4:30-5:15PM @ REC CENTER  
SESSION 4 | 5:30-6:15PM @ REC CENTER

**START SMART SOCCER | AGE 3-5**  
5/4-5/25 | T/TH

REGISTRATION 3/20-4/29

SESSION 1 | 10-10:45AM @ REC CENTER  
SESSION 2 | 11-11:45AM @ REC CENTER  
SESSION 3 | 4:30-5:15PM @ REC CENTER  
SESSION 4 | 5:30-6:15PM @ REC CENTER

**START SMART BASEBALL | AGE 3-5**  
6/1-6/22 | T/TH

REGISTRATION 4/17-5/27

SESSION 1 | 10-10:45AM @ REC CENTER  
SESSION 2 | 11-11:45AM @ REC CENTER  
SESSION 3 | 4:30-5:15PM @ REC CENTER  
SESSION 4 | 5:30-6:15PM @ REC CENTER



#### KIDS COMICS | **AGE 6-10**

3/7-3/22 | T/W 4-5PM | DEADLINE 2/28

\$45 RES, \$55 NON-RES

POW! SHAZAM! Come learn how to make comics and create fun characters. This class is perfect for any kid who loves storytelling or comics!

#### KIDS SPRING THEMED ART | **AGE 6-10**

4/11-4/26 | T/W 4-5PM | DEADLINE 4/4

\$45 RES, \$55 NON-RES

Spring is in the air! Depending on the weather, join us outside as we create wonderful works of art that celebrate the new season. Explore everything from paint and flower printmaking to sculptures inspired from the changing season.

#### CREATIVE DRAWING | **AGE 10-14**

4/13-5/18 | TH 4:30-6PM | DEADLINE 4/6

\$55 RES, \$65 NON-RES

Really like drawing but all out of ideas? Come learn some tips and tricks on how to improve your creative process and create imaginative works of art!

#### YOUTH SKETCHBOOK | **AGE 10-14**

5/2-5/17 | T/W 4:30-6PM | DEADLINE 4/25

\$55 RES, \$65 NON-RES

A sketchbook is one of the best tools for an artist. Come see how you can improve your art skills by keeping a sketchbook! We will learn various drawing exercises that will help train your hand.

#### SUMMER ADVENTURE KIDS CAMP (& ADAPTIVE CAMP)

**AGE 6-12**

6/5-8/4 | M-F 1-4:45PM | REC CENTER

\$75 RES, \$85 NON-RES (INCLUDES ALL FIELD TRIPS, TRANSPORTATION, ACTIVITY COSTS, & ADMISSION CHARGES  
REGISTRATION BEGINS 3/21

Let us elevate the typical summer day camp experience. This year we are offering specific camps focused on developing skills and knowledge in the following areas: cooking, art, science and atypical activities. Each week will include a camp T-shirt, experiential hands-on learning activities, field trips, demonstrations, décor and snacks. Our friendly and passionate camp counselors are trained not only to give your kids an awesome and unforgettable experience through play, but to teach them how to develop a love of learning, build greater confidence in their abilities and ask questions, preparing them for their next academic school year. Mark your calendars now. Registration opens March 21. Additional details can be found on our website in February.

\*Our general camp and the adaptive camp will experience activities and field trips together where the situation permits.



## YOUTH BASEBALL/SOFTBALL

### ROOKIE LEAGUE (T-BALL)

**AGE 5-KINDERGARTEN, MUST BE 5 BY 9/1**

5/13-7/1

\$33 RES, \$43 NON-RES

REGISTRATION 1/30-4/8

8 games played on SA or weeknights. Participants will all hit off a tee during games.

### MINOR LEAGUE (COACH PITCH)

**AGE K-2ND GRADE, BOYS & GIRLS SEPARATE**

5/13-7/1

\$35 RES, \$45 NON-RES

REGISTRATION 1/30-4/8

Boys Baseball will play at Fort Utah Park (200 N Geneva Rd), Girls Softball will play at Harmon Park (900 E 200 S). This is an 8 game league focused on skill enhancement played on SA or weeknights.

### MINOR LEAGUE (MACHINE PITCH)

**AGE 1ST-2ND GRADE, BOYS & GIRLS SEPARATE**

5/13-7/1

\$35 RES, \$45 NON-RES

REGISTRATION 1/30-4/8

Boys Baseball will play at Fort Utah Park (200 N Geneva Rd), Girls Softball will play at Harmon Park (900 E 200 S). This is an 8 game league focused on skill enhancement played on SA or weeknights.

### GIRLS FAST PITCH SOFTBALL | **AGE 3RD-9TH GRADE**

5/8-7/14

LEAGUE CLINICS 4/10-4/11 | 4:30-6PM | HARMON PARK

\$45 RES, \$55 NON-RES

REGISTRATION 1/30-4/1

Teams will be formed by a draft system. The draft will include participation in two mandatory skills clinics. No requests allowed with a draft and all registrants will be drafted to a team. 8 regular season games and a post-season tourn included. Some travel may be necessary if combined with other city leagues. Home games will be played on T/TH at Harmon Park (900 E 200 S).

### BOYS JR BASEBALL | **3RD-8TH GRADE**

4/27-7/21

REGISTRATION 1/30-3/18

LEAGUE | FEE | NIGHT OF PLAY

MUSTANG 3RD-4TH | \$65 RES, \$75 NON-RES | M/W

PINTO 5TH-6TH | \$70 RES, \$80 NON-RES | T/TH

PONY 7TH-8TH | \$70 RES, \$80 NON-RES | T/TH

### LEAGUE CLINICS | PEAKS ICE ARENA 100 N SEVEN PEAKS BLVD

LEAGUE | DATE | TIME

MUSTANG | 3/28, 3/30 | 4:30-6:30PM

PINTO | 3/27, 3/29 | 4:30-6:30PM

PONY | 3/27, 3/29 | 4:30-6:30PM

Teams will be formed by a draft system. The draft will include participation in two mandatory skills clinics. No requests allowed with a draft and all registrants will be drafted to a team. Players returning to the same league will play for the same team they were on last year. Returning players must register before the deadline to be guaranteed a spot. Approximately 40-50% of teams in each league will be invited to the UBBA State Tournament July 17-21. Mustang/Pinto Leagues will play at Fort Utah Park, Pony League will play at Sunsetview Park.

### BOYS JR BASEBALL ACADEMY | **3RD-8TH GRADE**

5/2-7/14

REGISTRATION 1/30-3/11

LEAGUE | TEAM FEE | NIGHT OF PLAY

MUSTANG 3RD-4TH | \$295 | T-TH

PINTO 5TH-6TH | \$320 | T-TH

PONY 7TH-8TH | \$320 | T-TH

Register as a team for Jr Baseball. Academy teams and drafted teams will play in separate leagues. Teams must provide their own uniforms and equipment. Up to 13 players per team. A minimum of 4 teams per age group will be needed to run the league.

### PITCH, HIT, & RUN | **AGE 7-14, BOYS & GIRLS SEPARATE**

3/18 | SA 10AM-1PM Ft Utah Park (200 N Geneva Rd)

FREE

Open registration and participation [mlb.com/phr](http://mlb.com/phr).



**TUMBLING TOTS | AGE 2-4, 2 YR OLD REQUIRES PARENT/ADULT PARTICIPATION**

**\$35 RES, \$45 NON-RES | REC CENTER**

This is a tot's exploration of body movement, motor skills, tumbling, and sports introduction.

**BLOCK 1 | M/W, 3/8-4/3**

REGISTRATION 2/7-3/1

- SESSION 1 | 9-9:45AM | AGE 2
- SESSION 2 | 10-10:45AM | AGE 2
- SESSION 3 | 11-11:45AM | AGE 3-4
- SESSION 4 | 12-12:45PM | AGE 3-4

**BLOCK 2 | M/W, 4/17-5/10**

REGISTRATION 3/14-4/10

- SESSION 1 | 9-9:45AM | AGE 2
- SESSION 2 | 10-10:45AM | AGE 2
- SESSION 3 | 11-11:45AM | AGE 3-4
- SESSION 4 | 12-12:45PM | AGE 3-4

**KIDS COOKING CLASSES**

SESSION 1 TASTE THE RAINBOW

3/29-4/26 | W 4-5PM | **AGE 5-8**  
 3/29-4/26 | W 5:15-6:30PM | **AGE 9-13**

**\$59 RES, \$69 NON-RES**

REGISTRATION DEADLINE 3/22

Fasten your taste buds and join our 5-week hands-on cooking course! Enjoy a variety of the most colorful foods and learn about what makes them unique. We'll explore a healthy harvest and tasty treats in this class.

SESSION 2 CHEFS IN TRAINING  
 (KNIFE SKILLS & OTHER INTROS)

5/3-5/31 | W 4-5PM | **AGE 5-8**  
 5/3-5/31 | W 5:15-6:30PM | **AGE 9-13**

**\$59 RES, \$69 NON-RES**

REGISTRATION DEADLINE 4/26

Fasten your taste buds and join our 5-week hands-on cooking course! Students learn basic cooking skills and experience the joy of eating and cooking with fresh ingredients. Let's expand our children's knowledge and the importance of eating healthy, while also having fun!

**ADAPTIVE PROGRAMS**

Provo Parks and Recreation is committed to bringing quality and award-winning adaptive programs to the community. Our vision is to provide a variety of unique offerings for individuals and their families on a consistent, on-going basis throughout the year.

Our current offerings include youth swim lessons, creative dance, and a fully-inclusive adventure summer camp as well as adult wheelchair basketball and adaptive yoga. We are excited to announce our NEW YEAR ROUND adaptive sports program for youth.

Children with a disability and their families will be able to look forward to programs such as baseball and volleyball as well as Special Olympics soccer, basketball and swim team. At each session our trained staff will help children with disabilities learn the foundational skills they need to play and feel successful with their friends, family and within the community.

Our goal is to promote social skills and friendships as we learn and play sports together. Join us on this exciting adventure!

**ADAPTIVE YOUTH SPORTS PROGRAM | AGE 5-16**

T/TH 5-6PM | REC CENTER

**\$50 RES, \$60 NON-RES**

- BASKETBALL | 2/2-2/28 | DEADLINE 1/26
- BASEBALL | 3/2-3/28 | DEADLINE 2/23
- SOCCER | 4/4-5/4\* | DEADLINE 3/28

*\*NO PROGRAM 4/11, 4/13*

**WHEELCHAIR BASKETBALL | AGE 16+**

1/13-3/31 | F 5:30-7:30PM | REC CENTER

DAY PASS OR REC CENTER MEMBERSHIP

Try a sport unlike any other. For two hours every Friday, we will be hosting drills to prepare you for a BYU tournament at the end of the season. Wheelchairs during practice and games are included in the price of the program. Anyone is welcome!

## ADULT PROGRAMS

(801) 852-6600 | [PROVO.ORG/SIGNUP](http://PROVO.ORG/SIGNUP)

**+\$5 IF REGISTERING AFTER DEADLINE**

**\*SOME PROGRAMS MAY FILL BEFORE THE DEADLINE**



### ART NIGHT | **AGE 14+**

W 3/8 | REC CENTER ART CLASSROOM  
\$10 RES, \$20 NON-RES

REGISTRATION DEADLINE 3/1

Bring your own project and join us for a collaborative night where we each work on our own projects (i.e. collage, drawing, mixed media, etc) We will talk about art, answer questions and learn from each other. This night is for all levels. Some supplies will be provided but we ask that everyone bring supplies they already own to use on their individual project.

### INTRO TO DRAWING | **AGE 14+**

W 3/22-4/26 | REC CENTER ART CLASSROOM  
\$65 RES, \$75 NON-RES

REGISTRATION DEADLINE 3/15

Don't know where to start with art? Looking to move beyond stick figures? Intimidated by painting? In this six-week course, we cover the foundations of drawing, learning to 'see' artistically, and working from life and reference material. Master the foundations that will help you in all other artistic media! Designed for beginner to intermediate artists, materials will be provided.

### INTERMEDIATE/ADVANCED PHOTOGRAPHY | **AGE 14+**

5/23-6/20 | T 6-8PM

\$70 RES, \$80 NON-RES

DEADLINE 5/16

This class is designed for those that have already taken the Introduction to Photography class or individuals who already understand basic manual exposure and composition. We will explore the effects of lighting on people and places in greater depth, HDR images, gear selection and Adobe Lightroom manipulation and exposure. There will be a couple outings and guest speakers to diversify your experience.

### POSING WORKSHOP | **AGE 14+**

4/15 | SA 1-4PM | DEADLINE 4/8

\$30 RES, \$40 NON-RES

Bad posing can make or break your photography. Come learn how to pose your subjects for portrait photography. We will go over five important steps that are fundamental in posing your clients.

### BOOKBINDING WORKSHOP | **AGE 14+**

W 5/10, 5/17 | REC CENTER ART CLASSROOM

\$45 RES, \$55 NON-RES

REGISTRATION DEADLINE 5/3

Come join us for a fun-filled evening learning about basic bookbinding techniques. During this two night workshop we will complete two projects. The first project will be a five holed pamphlet stitch binding and the second project will be a Japanese four-hole stab binding. Beautiful decorative papers will be used to adorn the outside cover, creating a perfect go-to journal, sketchbook, mini note pad, etc.



## WORLD CULTURE TOUR COOKING CLASSES | AGE 14+

F 6:30-8:30PM

\$20 RES, \$30 NON-RES

3/10 | FRANCE | DEADLINE 3/3

4/14 | VIETNAM | DEADLINE 4/7

5/12 | EL SALVADOR | DEADLINE 5/5

Come explore the world through cultural cuisine. For those desiring to learn unique techniques and practices creating ethnic meals, the World Culture Tour should serve as your new monthly tradition. You will have a first-hand experience creating and tasting authentic recipes from around the world.

## BASIC CAKE DECORATING | AGE 14+

3/14-4/18 | T 6-8PM

\$70 RES, \$80 NON-RES

This basic class offers six weeks of in-depth cake decorating instruction. Attain a solid foundation for replicating any bakery style cake. We'll cover buttercream techniques, fondant, stacking tiers and more. On the last day you will know enough to design your own unique and delicious work of art! Art you can eat!!

## CAKE NIGHT | AGE 14+

SESSION 1 | F 2/24 | 6-8PM

SESSION 2 | F 3/31 | 6-8PM

\$30 RES, \$40 NON-RES (FOR ONE SESSION)

Come decorate a bakery style cake at our Cake Night. Great for dates, girl's night out or just join the fun and learn how to design a new bakery-quality cake every month! No experience required. What could be sweeter?!

## WHEELCHAIR BASKETBALL | AGE 16+

1/13-3/31 | F 5:30-7:30PM | REC CENTER

DAY PASS OR REC CENTER MEMBERSHIP

Try a sport unlike any other. For two hours every Friday, we will be hosting drills to prepare you for a BYU tournament at the end of the season. Wheelchairs during practice and games are included in the price of the program. Anyone is welcome!

## ADULT ULTIMATE FRISBEE | AGE 16+

3/25-5/20 | SA MORNINGS

\$220 (12 LEAGUE GAMES & SINGLE ELIM TOURN)

REGISTRATION 2/6-3/18

Open 7v7 recreation league for both men and women.

## ADULT SOCCER | AGE 16+

3/25-5/31 | WEEKNIGHTS & SATURDAYS

\$250 (8 LEAGUE GAMES & DOUBLE ELIM TOURN)

REGISTRATION 1/17-3/11

COACHES MEETING | 3/15 | 6PM | REC CENTER

MENS (D1/REC) | COED (D1/REC) | WOMENS

Teams will play 6v6 with one referee and no offside.



**ADULT BASKETBALL LEAGUE | AGE 16+**

4/11-7/13

\$475 (8 LEAGUE GAMES & DOUBLE ELIM TOURN)

REGISTRATION 2/21-4/1

COACHES MEETINGS | 4/5 | 6PM | REC CENTER

DIVISION | GAME NIGHT | PLAYER CLASSIFICATION

D1/D2 | T | 2 W/HIGH SCHOOL EXP, -35YRS

D2/REC | W | HIGH SCHOOL EXP, -35YRS

WOMEN | TH | UNLIMITED EXP

Games will be played at the Rec Center. Tournament play may be any night. Limited to 16 teams.

**ADULT SOFTBALL | AGE 16+**

4/3-7/15

SINGLE GAME LEAGUE \$320 (10 LEAGUE GAMES)

\$100\* (OPTIONAL POST-SEASON TOURN)

\*CAN BE PAID AT REG OR BY 6/3

DOUBLE HEADER LEAGUE \$555 (16 LEAGUE GAMES & DOUBLE ELIM TOURN)

REGISTRATION 1/23-3/25

COACHES MEETINGS 3/29 | REC CENTER

6PM COED/WOMEN, 6:45PM MEN

SINGLE GAME LEAGUE | NIGHT | LOCATION

MEN D2 | W/TH | FOOTPRINTER PARK

MEN REC | W/TH | FOOTPRINTER PARK

MEN CORPORATE | W | FOOTPRINTER PARK

WOMEN UPPER | M | HARMON PARK

WOMEN LOWER | M | HARMON PARK

COED REC (U/L) | F | FOOTPRINTER OR HARMON PARK

COED CORP | F | FOOTPRINTER OR HARMON PARK

40+ | F | FOOTPRINTER PARK

DOUBLE HEADER LEAGUE | NIGHT | LOCATION

MEN D1 | M | FOOTPRINTER PARK

MEN D2 | M/TH | FOOTPRINTER PARK

MEN REC | T/W | FOOTPRINTER PARK

COED D2 | T | FOOTPRINTER PARK

**SOFTBALL TOURNAMENTS**

TOURNAMENTS ARE OPEN FOR NSA POINT SYSTEM, TEAMS ENTER BASED ON A SELF-CLASSIFICATION SYSTEM. TOURNAMENTS ARE A 3 GAME GUARANTEE.

**MEN'S TUNE UP TOURNAMENT | AGE 16+**

3/31-4/1 | F/SA

\$250 NSA REG

REGISTRATION 2/13-3/27, OR UNTIL FULL

**COED SPRING SWING TOURNAMENT | AGE 16+**

5/5-5/6 | F/SA

\$250 NSA REG

REGISTRATION 3/13-5/1, OR UNTIL FULL

**COED FIRECRACKER TOURNAMENT | AGE 16+**

6/16-6/17 | F/SA

\$250 NSA REG

REGISTRATION 5/1-6/12, OR UNTIL FULL

**MENS FIRECRACKER TOURNAMENT | AGE 16+**

6/23-6/24 | F/SA

\$250 NSA REG

REGISTRATION 5/1-6/19, OR UNTIL FULL

**MENS FALL CLASSIC TOURNAMENT | AGE 16+**

9/8-9/9 | F/SA

\$250 NSA REG

REGISTRATION 7/10-9/4, OR UNTIL FULL

**COED BATTLE OF THE BATS | AGE 16+**

10/13-10/14 | F/SA

\$250 NSA REG

REGISTRATION 8/14-10/9, OR UNTIL FULL

# SENIOR PROGRAMS

REGISTER AT [PROVO.ORG/SIGNUP](http://PROVO.ORG/SIGNUP) | (801) 852-6620



**PROGRAM FEES ARE SHOWN WITH \$5 EARLY BIRD DISCOUNT IF SIGNED UP BEFORE REGISTRATION DEADLINE. DEADLINE ONE WEEK BEFORE PROGRAM BEGINS. PROGRAMS ARE ALL FOR AGES 60+.**

**SENIOR WELLNESS PROGRAMS | AGE 60+**  
FREE FOR SENIOR PASS HOLDERS  
MUST CHECK IN AT THE COMMUNITY DESK FOR ACCESS

**EXERCISE COACH IN THE WELLNESS ROOM | AGE 60+**  
Come enhance your exercise routine with an individual exercise coach! Get your questions answered and learn how to achieve your fitness goals. Leave your contact information at the community desk and our wellness coach will get in touch to schedule a group appointment.

**ZUMBA | AGE 60+**  
M/W/F 1:30-2:30PM  
**SENIOR PASS HOLDERS FREE | \$2/CLASS FOR VISITORS**  
Join us for Zumba where Latin and International music get your body movin and groovin' with easy-to-follow dance moves that will keep you feeling and looking younger.

**TRACK WALKING TIME | AGE 60+**  
M-F 10AM-12PM  
Come walk on our indoor, slip-resistant walking track! Record your laps and get entered in a drawing to win prizes.

**SENIOR SWIM | AGE 60+**  
M/W/F 8:10-8:50AM  
Appropriate for all fitness levels, this water fitness class will enhance your strength, flexibility, and endurance. We always have fun!

**TAI CHI | AGE 60+**  
M/TH 10:30-11:30AM  
**SENIOR PASS HOLDERS FREE | \$2/CLASS FOR VISITORS**  
Tai Chi's gentle, low impact movements burn calories and increases fitness and mental health.

## COMPUTER CLASSES

**COMPUTER BASICS**  
BEGINS 3/7 | T/TH 3:30-4:30PM  
\$20/8 SESSIONS  
DEADLINE 2/28

Do you find using a computer difficult and frustrating? Come learn the basics of computers with us! We will learn how to logon to a computer, how to open and applications (programs), and how to send and check email.

**MICROSOFT OFFICE  
(WORD/EXCEL/POWERPOINT)**  
BEGINS 4/4 | T/TH 3:30-4:30PM  
\$20/8 SESSIONS  
DEADLINE 3/28

Learn how to use the most popular functions of Microsoft Office. We will go over Word, Excel, and Powerpoint and answer your individual needs to insure you get what you want out of these resources. A basic level of computer skills are necessary for this course.

**OPEN COMPUTER LAB**  
TYPICALLY T/TH 4:30-5:30PM,  
CONTACT THE COMMUNITY DESK  
FOR MORE INFO  
\$2/SESSION OR FREE FOR THOSE  
CURRENTLY ENROLLED IN A  
COMPUTER CLASS

Lab hours provide one-on-one technology help (computer, cameras, ipods, phones, etc).



### BOOK OF THE MONTH

FREE FOR SENIOR PASS HOLDERS | 1-2:30PM

**FEBRUARY 14** | *QUIET: THE POWER OF INTROVERTS IN A WORLD THAT CAN'T STOP TALKING* - SUSAN CAIN

**MARCH 14** | *A LONG WAY FROM CHICAGO* - RICHARD PECK

**APRIL 10** | *MRS LINCOLN'S DRESSMAKER* - JENNIFER CHIAVERINI

**MAY 9** | *THE RENT COLLECTOR* - JASON WRIGHT

This class includes a copy of the book of the month as well as a Book Club Guide (binder containing information about the book, author and questions to help stimulate discussion at the Book Club meetings). Light refreshments will be provided at the book introduction meeting on the 2nd Tuesday of each month.

### TAX PREPARATION | AGE 60+

TH, BEGINNING IN FEB 8AM-2PM

FREE

If you need help preparing your taxes for 2016, stop in to the community center or call us to set-up an appointment. The last day for appointments is 4/13, but get yours done early as appointments fill up quickly.

### INFORMATIONAL LUNCHEONS | AGE 60+

SECOND WED OF EACH MONTH, 12:30-1PM

LUNCH SERVED AT 12PM, SUGGESTED DONATION OF \$3

Each month we will hold informational meetings from outside educators about aging-related services and issues. These could include educational sessions about assistive hearing devices, best health practices, medication safety, etc.

### DANCES | AGE 60+

FIRST TUE, 8-10PM | \$5/PERSON OR \$8/COUPLE

Bring your partner or come stag to enjoy a night of dancing. This is a social event where the experience, ambiance, and refreshments will please you.

### PORCELAIN FIGURINE CLASS | AGE 60+

\$9 FOR 12 WEEKS | W/TH 9AM-2PM

Express your individuality by choosing your piece(s) and working them to perfection over the course of the class. Newcomers are welcome.

### 60+ ADVENTURE CLUB & DISCOVERY TOURS | AGE 60+

DATES, TIMES, FEES AND LOCATIONS VARY, SEE THE COMMUNITY DESK OR GO ONLINE FOR MORE DETAILS

Upcoming tours for those ages 60+ may include traditional favorites like the Payson Salmon Supper and a fall foliage tour, as well as new explorations around the state. Stop by and check our calendar or call us for more details. Patrons must find a ride to and from the community center.

### BINGO | AGE 60+

T 1-2PM | \$2/FOR VISITORS

FREE FOR SENIOR PASS HOLDERS

A game we all know and love. So just come and win prizes!

# AQUATICS

## POOL HOURS

LEISURE POOL OPEN SWIM HOURS | TOYS ON  
MONDAY-SATURDAY 10AM-10PM

## INDOOR WATER SLIDES

MONDAY-FRIDAY 2-8PM

SATURDAY 12-8PM

PRESIDENT'S DAY/SPRING BREAK 12-8PM

## COMPETITION POOL HOURS

MONDAY-SATURDAY 5AM-10PM\*

\*All comp pool users (public lap swimmers, swim teams, aquatic classes, other user groups) will be asked to share lanes during high peak times. typically M-F, 6-11AM, 2-6:30PM

## OUTDOOR POOL OPENS MAY 26

PLEASE VISIT OUR WEBSITE TO SEE A LIST OF  
COMPETITION POOL CLOSURES AT [PROVO.ORG/RECCENTER](http://PROVO.ORG/RECCENTER). DAILY LAP POOL AVAILABILITY AT  
[FACEBOOK.COM/PROVORECCENTER](http://FACEBOOK.COM/PROVORECCENTER).

\*COMPETITION POOL WILL BE CLOSED 2/13-2/18

+\$5 IF REGISTERING AFTER THE DEADLINE.  
DEADLINE IS THE SAT BEFORE SESSION BEGINS.  
SPRING/SUMMER REGISTRATION OPENS 2/28



## GROUP SWIMMING LESSONS

CLASSES: AQUA TOTS, PRESCHOOL LEVELS 1-3, SWIM SCHOOL  
LEVELS 1-6, PRE-SWIM TEAM

CLASS DESCRIPTIONS AND LEVELS ARE AT [PROVO.ORG/RECCENTER](http://PROVO.ORG/RECCENTER)

**\$35 RES, \$45 NON-RES**

SEE PAGE 2 FOR REFUND/CANCELLATION POLICY. NO MAKE-UP FOR MISSED CLASSES

## SWIM LESSON PROCEDURES

In order to ease the process of registration, your child will be assessed and placed in the proper class on the first day of class. Thus, you only need to register your child for a time slot. You no longer need to select a level. Swim lesson spectators and participants are not permitted to use the facility unless they are pass holders or have paid daily admission fees. There are no make-up lessons for missed classes. M-TH classes have 8 lessons, each 30 minutes. SA classes have 5 lessons and are 45 minutes.

## WINTER/SPRING LESSONS

### DAYS | TIMES

M/W | 4, 4:35, 5:10, 5:45, 6:20PM

T/TH | 9:30, 10, 10:30, 11AM

T/TH | 4, 4:35, 5:10, 5:45, 6:20PM

SA | 9, 9:50, 10:40, 11:30AM

## WINTER/SPRING SESSIONS

SESSION | DAYS | DATES | REGISTRATION

WINTER 4 | M/W | 3/6-3/29 | 11/8-3/4

WINTER 5 | T/TH | 3/7-3/30 | 11/8-3/4

WINTER 6 | SA | 2/25-3/25 | 11/8-2/18

SPRING 1 | M/W | 4/17-5/10 | 11/8-4/15

SPRING 2 | T/TH | 4/18-5/11 | 11/8-4/15

SPRING 3 | SA | 4/15-5/13 | 11/8-4/8

## SUMMER LESSONS

### DAYS | TIMES

MORNINGS M-TH | 9, 9:30, 10, 10:30, 11, 11:30AM

EVENINGS T/TH | 5, 5:30, 6PM

## SUMMER SESSIONS

SESSION | DAYS | DATES | REGISTRATION

### MORNING SESSIONS 2 WEEKS

SUMMER 1 | M-TH | 6/5-6/15 | 2/28-6/3

SUMMER 2 | M-TH | 6/19-6/29 | 2/28-6/17

SUMMER 3 | M-TH | 7/3-7/13\* | 2/28-7/1

\*NO CLASS 7/4, MAKE-UP 7/7

SUMMER 4 | M-TH | 7/17-7/28\* | 2/28-7/15

\*NO CLASS 7/24, MAKE-UP 7/28

SUMMER 5 | M-TH | 7/31-8/10 | 2/28-7/29

### EVENING SESSIONS 4 WEEKS

SUMMER 6 | T/TH | 6/6-6/29 | 2/28-6/3

SUMMER 7 | T/TH | 7/11-8/3 | 2/28-7/8

## ADULT SWIM PROGRAM | AGE 16+

RES \$40, NON-RES \$50 @ REC CENTER INDOOR POOL

SESSION 3 | 3/7-3/30, T/TH, 30 MIN | DEADLINE 3/4

SESSION 4 | 2/25-3/25, SA, 45 MIN | DEADLINE 2/18

SESSION 5 | 4/18-5/11, T/TH, 30 MIN | DEADLINE 4/15

SESSION 6 | 4/15-5/13, SA, 45 MIN | DEADLINE 4/8

T/TH 7PM | SA 8:15AM

You are never too old to learn how to swim or master your stroke. Swim instructors will work with adults of all ages to achieve your personal swimming goals. The program is divided into 2 levels: Beginner, Intermediate/Advanced.



**ADAPTIVE SWIM SCHOOL | AGE 5-18**

**RES \$50, NON-RES \$60 @ REC CENTER INDOOR POOL**  
 SESSION 2 | 3/6-3/29, M/W, 30 MIN | DEADLINE 3/4  
 SESSION 3 | 4/17-5/10, M/W, 30 MIN | DEADLINE 4/15  
**4PM-LOW FUNCTIONING | 4:35PM-HIGH FUNCTIONING**

Adaptive group lessons are geared for children with physical or cognitive disabilities. Students will learn stroke techniques, water safety, self-confidence, and teamwork. Parents, please note that our goal is to ensure that each child has the most successful experience possible and in order to do so the first day of classes will be an assessment of abilities. There is a possibility that the time of your child's class may change to the other adaptive time slot if the instructor feels it is a better fit for your child.

**PRIVATE SWIM LESSONS**

**RES \$80, NON-RES \$90 @ REC CENTER INDOOR POOL**  
*\*(4 LESSONS) YOU MAY ADD ONE ADDITIONAL PARTICIPANT TO YOUR LESSON FOR NO ADDITIONAL CHARGE. YOU DO NOT NEED TO REGISTER THE ADDITIONAL PERSON, THEY WILL BE ADDED ON THE FIRST CLASS DAY.*

T/TH TIMES: 2, 2:30, 3, 3:30, 4, 4:30, 5, 5:30PM  
 SA TIMES: 9, 9:30, 10, 10:30, 11, 11:30AM

**DATES | DAY | DEADLINE**

3/7-3/28 | T | 3/4  
 3/9-3/30 | TH | 3/4  
 3/4-3/25 | SA | 2/25  
 4/4-4/25 | T | 4/1  
 4/6-4/27 | TH | 4/1  
 4/8-4/29 | SA | 4/1  
 5/2-5/23 | T | 4/29  
 5/4-5/25 | TH | 4/29  
 5/6-5/27 | SA | 4/29

Private swim lessons are 30 minute sessions concentrated, individualized, one-on-one swim instruction that gives the participant the opportunity to quickly learn basic swim skills and the advancing swimmer the opportunity to gain quick insight on skill technique development in a smaller group setting. No make-up classes for missed days.

**DROP-IN WATER POLO | AGE 16+**

**MEMBERSHIP OR DAILY ADMISSION FEE**  
 7-8PM | T/TH *NO CLASSES ON HOLIDAYS*  
 RECREATION CENTER COMPETITION POOL

All polo players are welcome to drop-in and practice or compete during this time. The goals will be set-up for open play.

**MASTERS SWIM TEAM | AGE 18+**

**MEMBERSHIP OR DAILY ADMISSION**  
 M/W 7-8PM | T/TH/F 9:30-10:30AM  
 REC CENTER COMP POOL

An adult style swim team for competitive and non-competitive swimmers, triathletes, and fitness swimmers of all levels instructed by a qualified coach. This program is designed to help swimmers improve fitness and/or train for specific goals.

**SCOUTING: BOY SCOUTS, CUB SCOUTS, GIRL SCOUTS, AQUANAUT, MERIT BADGE**

Scouts will work on skills to prepare them for the Scout Swimming, Scout Lifesaving, and First Aid merit badge. Upon successful completion of required skills, a counselor will sign merit badge cards. Participants must bring current swimming badge pamphlet and merit badge card signed by scout master to the first day of class. If you would like to schedule your troop for a different time, call the Recreation Center at (801) 852-6600.

**BADGE | DATE | TIME | FEE | DEADLINE**

FIRST AID: ALL SCOUTS | 2/15 | 5-8PM | \$15 | 2/11  
 LIFESAVING MERIT BADGE\* | 3/15 | 5-8PM | \$15 | 3/11  
 WEBELOS AQUANAUT | 4/19 | 5-8PM | \$15 | 4/15

*\*BRING EXTRA SHIRT AND PANTS TO WEAR IN THE WATER FOR SURVIVAL SWIM*



### WATER SAFETY INSTRUCTOR COURSE | AGE 16+ BY 6/2

\$150 (includes book)

5/30-6/2 | T-F 11AM-7PM

This American Red Cross Water Safety Instructor (WSI) course will prepare you to teach swimming and water safety courses to infants, children and adults. Prerequisites: Must be able to swim competently 25 yards of front crawl (freestyle), back crawl, breaststroke, elementary backstroke, sidestroke and 15 yards of the butterfly stroke. Must tread water for 1 minute and float on back for 1 minute. Fundamentals of Instructor Training is included in course.

### PIRANHAS SWIM TEAM | AGE 5-18

6/5-7/28 | M-F | REC CENTER, ENTER THROUGH COMP POOL

\$100, 2 OR MORE FAMILY MEMBERS \$90 INCLUDES SWIM CAP AND SHIRT

REGISTRATION 2/28-6/4, OR UNTIL FULL

GROUP 1 | 6-7:30AM | AGE 11-18

GROUP 2 | 7:30-8:30AM | AGE 5-10

GROUP 3 | 8:30-10AM | AGE 11-18

GROUP 4 | 10-11AM | AGE 5-10

### ADAPTIVE SWIM TEAM | AGE 5-18

GROUP 5 | 11AM-12PM | M-TH

PARENT MEETING | 6/7 6PM | MULTIPURPOSE ROOM

The Piranhas Swim Team is a summer recreational league that gives young swimmers an opportunity to improve their technique, get a taste of competitive swimming, and have a lot of fun! Meets are not required, but are a rewarding and fun way to let participants see their progress through the summer. Participants will be required to pass a skills test on the first day of practice of a 25 yd swim with ease, of freestyle or breast stroke. A full refund will be given if a child is unable to pass the skills test.

### JUNIOR LIFEGUARD CAMP

JUNIOR GUARDS AGE 8-11 | ROOKIE GUARDS AGE 12-14

6/5-6/29 | M-TH 9AM-1PM | REG 2/23-6/3

PARENT MTG 6/5 9AM

7/10-8/3 | M-TH 9AM-1PM | REG 2/23-7/8

PARENT MTG 7/10 9AM

\$100

Stay cool this summer and be a Junior Lifeguard! The Junior Lifeguard Program is an educational and recreational summer program designed for children between the ages of 9-15. Junior Lifeguards are exposed to a carefully planned schedule of lectures with topics including basic water safety, lifeguarding skills, CPR/AED and First Aid, balanced with physical conditioning and recreational activities. This program will also train candidates to become a water safety instructor aide. This unique aquatic program is taught by professional Lifeguards and Water Safety Instructors. Must be able to complete a 25yd swim using breast stroke or front crawl and retrieve a 10lb brick from 9ft deep water.

### LIFEGUARD TRAINING COURSE

AGE 15+ BY END OF CLASS

\$150 (includes book)

MARCH CLASS | 3/7-3/23 | T/TH | 4PM-8PM

SPRING BREAK 1 | 4/3-4/6 | M-TH | 9AM-4PM

SPRING BREAK 2 | 4/4-4/7 | T-F | 9AM-4PM

APRIL CLASS | 4/10-4/26 | M/W | 4PM-8PM

MAY CLASS 1 | 5/2-5/18 | T/TH | 4PM-8PM

MAY CLASS 2 | 5/8-5/11 | M-TH | 9AM-4PM

This course includes Lifeguarding and CPR/AED for Professional Rescuer and First Aid. Topics include: water rescue skills, surveillance and recognition, first aid, breathing and cardiac emergencies, CPR, AED, and more. Participants will achieve a two-year certification upon successful completion of the course and be considered for a Lifeguard and/or Swim Lesson Instructor position with Provo City.



**POOL RULES**

- Children 5 years and under and children who cannot swim must be within arms reach of an adult at all times in the water
- Proper swim attire required
- No denim or street clothing permitted in the pool, may wear a fitted cover up shirt or swim shorts
- No food in the indoor pool area
- Children under 3 must wear a swim diaper, elastic pant, and swim suit. No changing swim diapers on the deck.
- U.S. Coast Guard approved safety devices only
- Inflatable water wings are permitted in select pool areas. Children wearing water wings must be within arms reach of an adult at all times.
- No inflatable toys, or inner tubes (except for designated tubes in the outdoor wave pool)
- No one under 15 years is permitted in the hot tub
- Indoor slide-Must be at least 40", no double riders and no lifejackets allowed
- Outdoor slide-Must be at least 48", riders under 48" must pass a swim test and wear a lifejacket, or ride with someone 15 years or older
- Please observe all other posted rules

The lifeguard has the final responsibility to inform patrons of any other rules. All rules are for the safety of our patrons.

Provo Aquatics goes to great lengths to do everything we can to keep our pools open for your enjoyment:

- Vacuum each pool daily
- Constantly monitor our pool chemistry
- Provide 24 hour water and UV filtration
- Maintain proper water temperature
- Schedule pool breaks to provide parents an opportunity to take their children to the bathroom and change diapers
- Require all children 2 and under, and all un-potty trained children to wear 3 layers of protection

But, there are two things we cannot do:

- Put your children in a swim diaper and plastic cover
- Take your children to the bathroom

Failure to do these two things is what leads to most pool closures. Don't be the parent that forces the pool to shut down. We appreciate you doing your part in this matter.

**WATER AEROBIC CLASS SCHEDULE**

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
6AM		Aqua Zumba*	Aqua Zumba*	Aqua Zumba*		
7AM	Shallow Water*	Deep Water**	Shallow Water*	Deep Water**	Shallow Water*	Water Ninjas**
8AM	Deep Water**		Deep Water**		Deep Water**	Deep Water**
8:10AM	Senior Wellness*		Senior Wellness*		Senior Wellness*	
9AM						Aqua Zumba***
12PM	Aqua Zumba***		Aqua Zumba***		Aqua Zumba***	
1PM	Seniors/Shallow*	Seniors/Deep**	Seniors/Shallow*	Seniors/Deep**	Seniors/Shallow*	
8PM	Aqua Zumba***	Aqua Zumba***	Aqua Zumba*	Aqua Zumba**		

No classes on holidays. Check the Provo Rec Center app for more details. Schedules can also be found online at [Provo.org/RecCenter](http://Provo.org/RecCenter)  
 Location: \*Program Pool, \*\*Deep Water Pool, \*\*\*Competition Pool



## PROVO PARKS

(801) 852-6606 | 1417 S 350 E  
PROVO.ORG/PARKS

### PAVILION RESERVATIONS

**RESERVATION TIMES** | 8:30AM-2:30PM & 3:30-9:30PM,  
OR ALL DAY

**RESERVATION SEASON** | 4/15/17-10/14/17

**RESERVATIONS ONLINE** | 311.PROVO.ORG

Reservations for 2017 can be made online starting 1/1/17 or over the phone starting 1/3/17.

If you have any questions about using the new online system please call Customer Service at 311 or the Parks Office (801) 852-6606.

Pavilions are available for reservations Mon-Sat. Fees range from **\$25-\$85 for each** time period, depending on pavilion size and location. \$200 parks use fee for all wedding receptions, weddings, and large events. Reservation fees are higher for holidays. Restroom facilities and water supplies are only in order during the park season.

**For more information regarding our pavilion reservations, to check pavilion availability, or to view our park use guidelines, visit [Provo.org/Reservations](http://Provo.org/Reservations).**

### VOLUNTEER SERVICES

Service opportunities are available year round at City parks, trails and the cemetery, along with ideas for Eagle Scout Projects. Contact Parks at [RRamkissoon@Provo.org](mailto:RRamkissoon@Provo.org) or (801) 852-7607.

### THINGS TO REMEMBER

- Please clean up trash when you leave. If something is left behind please check with the Parks Office or Provo Police.
- Electricity is provided at many pavilions; it is only 15 amps of power, enough to run a small slow cooker, radio etc. If you need additional power you will need to supply your own.
- All weddings and large events are subject to a \$200 Parks Use fee and an events application may be required. Please contact the Parks Office for information.
- All inflatable toys, including bounce houses, must have liability insurance, this can be purchased through the bounce house company or through Customer Service. Inflatables that use large amounts of water are not authorized in city parks.

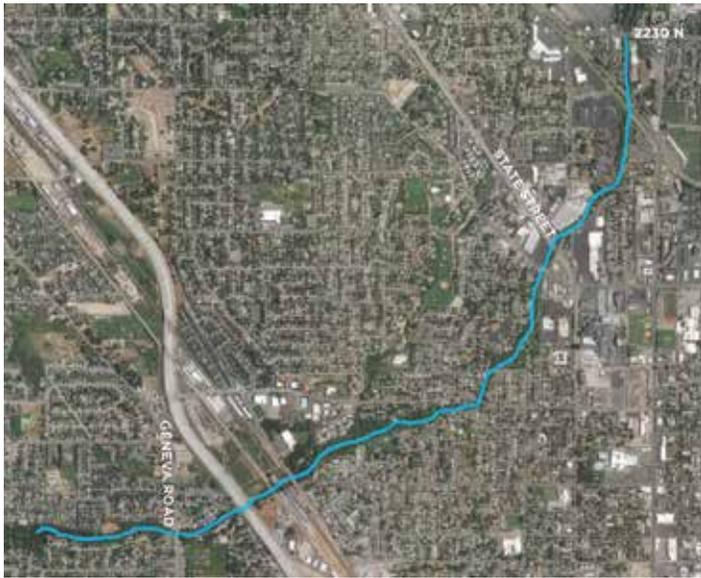
For a full list of Provo's parks and trails and amenities please visit our website at [Provo.org/Parks](http://Provo.org/Parks).

### PARKS SPECIAL EVENTS

Some events will require a Community Event Application to be completed. These activities include groups that are larger than the pavilion will accommodate, concerts, walks/runs, setting up large tents, more than 1 bounce house or inflatable and other items that require an approval process. Contact the Parks Office or Customer Service (311) to see if your event falls under these

restrictions. Please visit [Provo.org/Provo311/Special-Events](http://Provo.org/Provo311/Special-Events) to print off an application and review a more detailed explanation of Special Events requirements. This application needs to be submitted at least two weeks prior to the event; some events will require more time. Events may be required to submit proof of liability insurance before approval will be granted.

# NEW PARK PROJECTS



## PROVO RIVER TRAIL

The renovation plans for the Provo River Trail from 2230 N to 2550 W are well underway and the construction is just around the corner. The primary goals of this project are to:

- Enhance the usability and capacity of the trail system
- Enhance the safety of the corridor
- Preserve and enhance the character of the corridor
- Facilitate maintenance and longevity of the trail system

A huge thanks to the hundreds of residents that have provided insight on their perspective of the trail and what needs improvement.

The majority of the funding for these renovations is from the RAP Tax. As construction gets underway, keep an eye out for the RAP Tax signage that will be posted along the trail to promote the great things that this funding is being used to accomplish.

## PROVO'S FEATURED PARK

### SUNSET VIEW PARK | 1520 W 600 S

Sunset View Park is getting a needed face-lift over the winter months. Parks and Recreation is working hard to renovate the north ballfield and will be installing new fixtures in the restrooms. The completion of the New Sunset View School provided an opportunity to correct some irrigation challenges at the park. The infield closest to the school was maintained by Parks and Recreation but is actually on school property. It is now on their irrigation system and will be maintained by school maintenance staff. This gives Parks and Recreation the opportunity to rebuild the north field. It will have new fencing, dugouts, additional bleachers, new infield soil mix, bases, pitcher's mound, and upgraded turf. A new water efficient irrigation controller will help save water and keep the turf playable. In addition, a new water bottle filling station will be added. Sunset View Park will definitely be better utilized and enjoyed by many more citizens after its completion in Spring of 2017.





## EAST BAY GOLF COURSE

(801) 852-PLAY (7529)

1860 S EAST BAY BLVD  
EASTBAYGOLF.COM

The East Bay Golf Course offers a complete golf experience for players at all levels, at a fair price and is one of the best golf values in the region. The course staff is ready to serve you with an 18-hole championship course, a 7-hole short course, a full-length practice range, three practice greens and clubhouse with banquet hall, pro shop and a quality food service.

### SEASON PASSES | 2/15/17-11/30/2017

**PASS | PROVO RESIDENT | NON-RESIDENT**

ADULT 5-DAY | \$600 | \$650

SR 5-DAY | \$550 | \$625

JR 5-DAY | \$450 | \$450

7-DAY | \$750 | \$800

### 2017 PUNCH CARDS (NOT VALID ON HOLIDAYS)

**PUNCH CARD | Walking | WITH CART**

ADULT | \$200 | \$300

SENIOR (60+) | \$180 | \$280

JUNIOR (3-17) | \$140 | NA

SHORT COURSE | \$110 | \$210

### GREEN FEES | 9 HOLES WEEKDAY (M-TH)

**WALKING | WITH CART**

ADULT \$14 | \$21

SENIOR (60+) \$10 | \$16

JUNIOR (3-17) \$8 | \$14

### 9 HOLES WEEKEND | (F, SA, & HOLIDAYS)

**WALKING | RIDING**

ADULT \$15 | \$22

SENIOR (60+) \$15 | \$22

JUNIOR (3-17) \$15 | \$22

ALL GREENS DOUBLE FOR 18 HOLES

### DRIVING RANGE

SMALL (30 BALLS) \$3

MEDIUM (75 BALLS) \$6

LARGE (110 BALLS) \$9

“KEAN RIDD BUCKET” (440 BALLS) \$27

RENTAL CLUBS ARE FREE FOR THE DRIVING RANGE

### FOOTGOLF

ADULTS \$8

SENIORS (60+) \$6

JUNIORS & STUDENTS \$6

BALL RENTAL \$3

TEAM & GROUP DISCOUNTS AVAILABLE

### EAST BAY MEN'S ASSOCIATION

Begins 3/10 & 3/11. Weekly play is held every Wednesday until the end of October. Players of all ages and skill levels are welcome to join. Must have a UGA Handicap in order to participate in events.

### LADIES GOLF

Ladies league play held every Thursday evening. Contact the pro shop for more information.

### SENIOR GOLF “OVER THE HILL GANG” GROUP

Plays every day between 9AM and 10AM. Players of all ages and skill levels are welcome to come play. (Standard greens fees apply)

### TIMPVIEV AND PROVO HIGH SCHOOL GIRLS GOLF

Try-outs the week of 2/27 at East Bay Golf Course.

Contact the coaches for more information.

David Walker: [Dave@EastBayGolf.com](mailto:Dave@EastBayGolf.com) (Provo)

Jeff Ward: [JeffW@Provo.edu](mailto:JeffW@Provo.edu) (Timpview)

## PROVO CITY CEMETERY

M-F 8AM-4:30PM  
(801) 852-6607 | 610 S STATE

## BURIAL RECORDS

### CEMETERY OFFICE

**CEMETERY MAP** | A kiosk map can be found at the north-east corner of the cemetery near the office. A paper copy of burials of record can be found in the black podium at the office entrance.

**INTERNET** | [Provo.org/PublicDocuments](http://Provo.org/PublicDocuments)

**PROVO CITY LIBRARY** | 550 N University Ave

## GROUNDS/ACCESS

The automatic gates at the entrances to the cemetery close each day at dusk and open at dawn. Please be aware that vehicles will activate the closed gates to exit the cemetery but pedestrians cannot.

Please visit the cemetery office for the most up to date information about decoration placement and removal.

## CEMETERY EXPANSION

Spaces in the new expansion will be available to purchase after Memorial Day 2017. The cremation garden consists of 2,757 spaces with several different interment options. Spaces are currently available to purchase at the Cemetery Office.

## SHOOTING SPORTS PARK

The Provo Shooting Sports Park is a firearms education and training facility where local residents, community groups, and law enforcement officers can train and enjoy the shooting sports in a safe and controlled environment. Certified Range Safety Officers (RSO) will be on duty when the sports park is open. No unauthorized shooting is permitted.

Located at 1450 E Rifle Range Road, two miles up Provo Canyon, and then 3/4 mile up Squaw Peak Road.

Features include:

- Rifle Range: 8 firing lanes
- Handgun Range: 8 firing lanes
- Family Range: 10 firing lanes

## NEW SHOOTERS ARE ALWAYS WELCOME!

Consider the following when you come:

HEARING PROTECTION REQUIRED, EYE PROTECTION REQUIRED.  
Bring your firearm to the range, unloaded, in a case with the action open.

Paper targets, foam ear plugs and eye protection can be purchased on site from the Range Safety Officer.

## RESERVATIONS

Private groups may make a request to reserve exclusive time at either the rifle or handgun range by completing the Shooting Sports Park Reservation Request Form available at [Provo.org/Parks](http://Provo.org/Parks), click on the Shooting Sports Park link. Submit the completed form at [PSSP@Provo.org](mailto:PSSP@Provo.org) or fax to: (801) 852-7605. If reservation request is approved, a Range Safety Officer will be scheduled to provide gate access and supervise the activity on site. For more information, please call the Shooting Sports Park Supervisor at (801) 852-6646.

## SHOTGUN SPORTS

All shotgun activities at the park must be coordinated through the Provo Gun Club. There are no "throw your own" facilities at the site. The club is open Wed evenings and Sat. Instruction is available. For information regarding instruction, competition and group events, call (801) 437-0595 or check the club website at [MyProvoGunClub.com](http://MyProvoGunClub.com).

## OPEN SHOOTING HOURS

**WINTER** | 11/1-3/31

W/F, 2PM-DUSK SA, 10AM-4PM

**SPRING/SUMMER/FALL** | 4/1-10/31

W/F, 4PM-Dusk, SA 10AM-6PM

## RIFLE AND HANDGUN RANGES

\$3 RES | \$5 NON-RES

### PUNCH PASS RESIDENT

5 VISITS \$13 | 10 VISITS \$25 | 15 VISITS \$36 | 20 VISITS \$48

### PUNCH PASS NON-RESIDENT

5 VISITS \$22 | 10 VISITS \$42 | 15 VISITS \$60 | 20 VISITS \$80

### GROUP RESERVATION RESIDENT

RIFLE & HANDGUN RANGE | \$25/2 HRS + \$3/SHOOTER

### GROUP RESERVATION NON-RESIDENT

RIFLE HANDGUN RANGE | \$35/2 HRS + \$5/SHOOTER

*Punch cards can be purchased at the Parks Office at 1417 S 350 E or at the Shooting Sports Park.*



CENTER FOR THE ARTS

# COVEY CENTER for the ARTS

425 W CENTER | (801) 852-7007 | ONLINE @ TICKETS.COVEY.CENTER

## LAST TRAIN TO NIBROC

A ROMANCE BY ARLENE HUTTON



Brought to you by **vivint.** and ZIONS BANK.

 FEB 16 - MAR 11  \$ 14 - 16  7:30 PM



TICKETS.COVEY.CENTER 801.852.7007

## FEBRUARY 2016

CCA Excellence Concert Series: *Q'd Up\** | 6

Utah COPA | 10-11

BYU Cougarettes | 15-18

CCA: *Last Train to Nibroc* | 16-18, 20

Wasatch Chorale | 20

Utah Valley Symphony: *Mendelssohn's Italian Symphony* | 22-23

CCA: *Last Train to Nibroc* | 24-25, 27

## MARCH 2016

Lifeshouse Performing Arts | 1-2

Vocal Point | 3-4

CCA: *Last Train to Nibroc* | 3-4, 6

Utah Regional Ballet: *Snow White* | 10-11

CCA: *Last Train to Nibroc* | 10-11

Utah Regional Ballet: *Snow White* | 17-18

CCA Excellence Concert Series: *Monika Jalili Quartet\** | 20

Soundsation | 21

TEDx BYU | 23

Academy of Ballet: *Pointe, Counter Point* | 24-25

Exceleration | 27

Barlow Arts Conservatory | 28

DCFA Gala | 29

BYU Folk Dance | 30

Wasatch Ballet | 31

## APRIL 2016

CCA Excellence Concert Series: *Jay Lawrence & Strawberry Fields\** | 3

CCA: *Gypsy Hafla* | 5

Noteworthy | 6

Utah Film Awards | 7-8

Ballet West Academy: *Creations & Hansel and Gretel* | 13-14

Made in Utah Music Foundation: *I'm the Mayer* | 15

Utah Valley Youth Symphony | 15

Utah Valley Symphony: *Mary Poppins* | 19-20

SMASH Dance Academy | 21-22

Center Stage Youth Performers: *Singing in the Rain Jr.* | 25-29

CCA: *Anne of Green Gables* | 27-29

\* FREE Public Events